

SPRIT OF FREEDOM



HIMALAYAN
DAREDEVILS

KASHMIR GREAT LAKES TREK



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LOCATION

JAMMU & KASHMIR, INDIA



BEST TIME

JULY - AUGUST



DESIGNATION

KASHMIR GREAT LAKES TREK



TAKE A PHOTO

SUNRISE, SUNSET,
LAKES



DIFFICULTY

MODERATE-DIFFICULT



HIGHEST ALTITUDE

13,800 ft



AVERAGE TEMPERATURE

DAY TIME: +5°C to +18°C
NIGHT TIME: +3°C to +8°C



BASE CAMP

SRINAGAR



DURATION

7 DAYS & 6 NIGHTS



LAST ATM

SRINAGAR



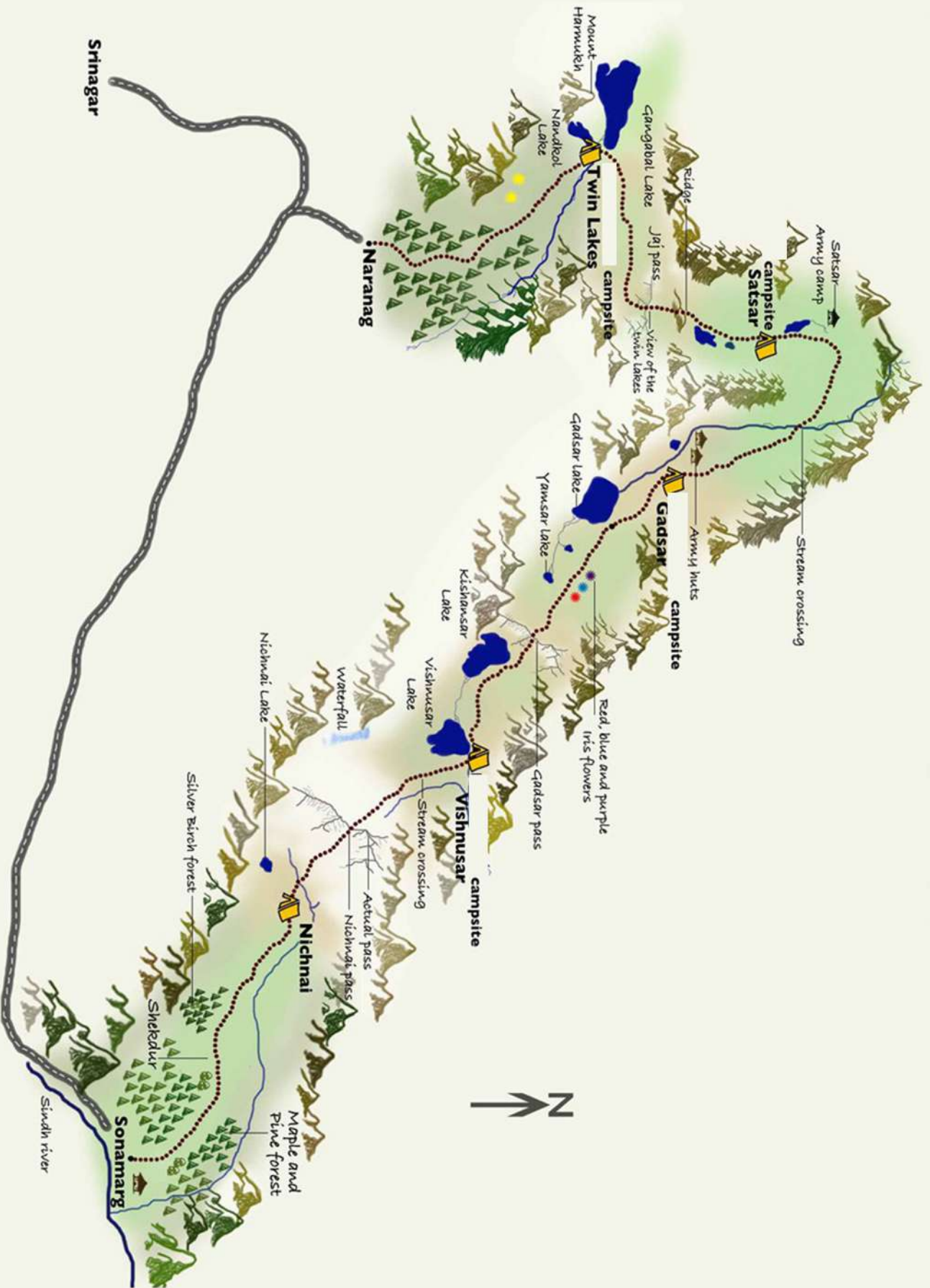
TREK DISTANCE

72 KMS



Kashmir Great Lakes

*not to scale



SHORT ITINERARY

DAY 1:
DRIVE FROM SRINAGAR TO SHITKADI

DAY 2:
SHITKADI TO NICHNAI

DAY 3:
NICHNAI TO VISHNUSAR

DAY 4:
VISHNUSAR TO GADSAR VIA GADSAR PASS

DAY 5:
GADSAR TO SATSAR

DAY 6: 
SATSAR TO GANGABAL

DAY 7:
GANGABAL TO NARANAG. DRIVE TO SRINAGAR

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ITINERARY

DAY 1

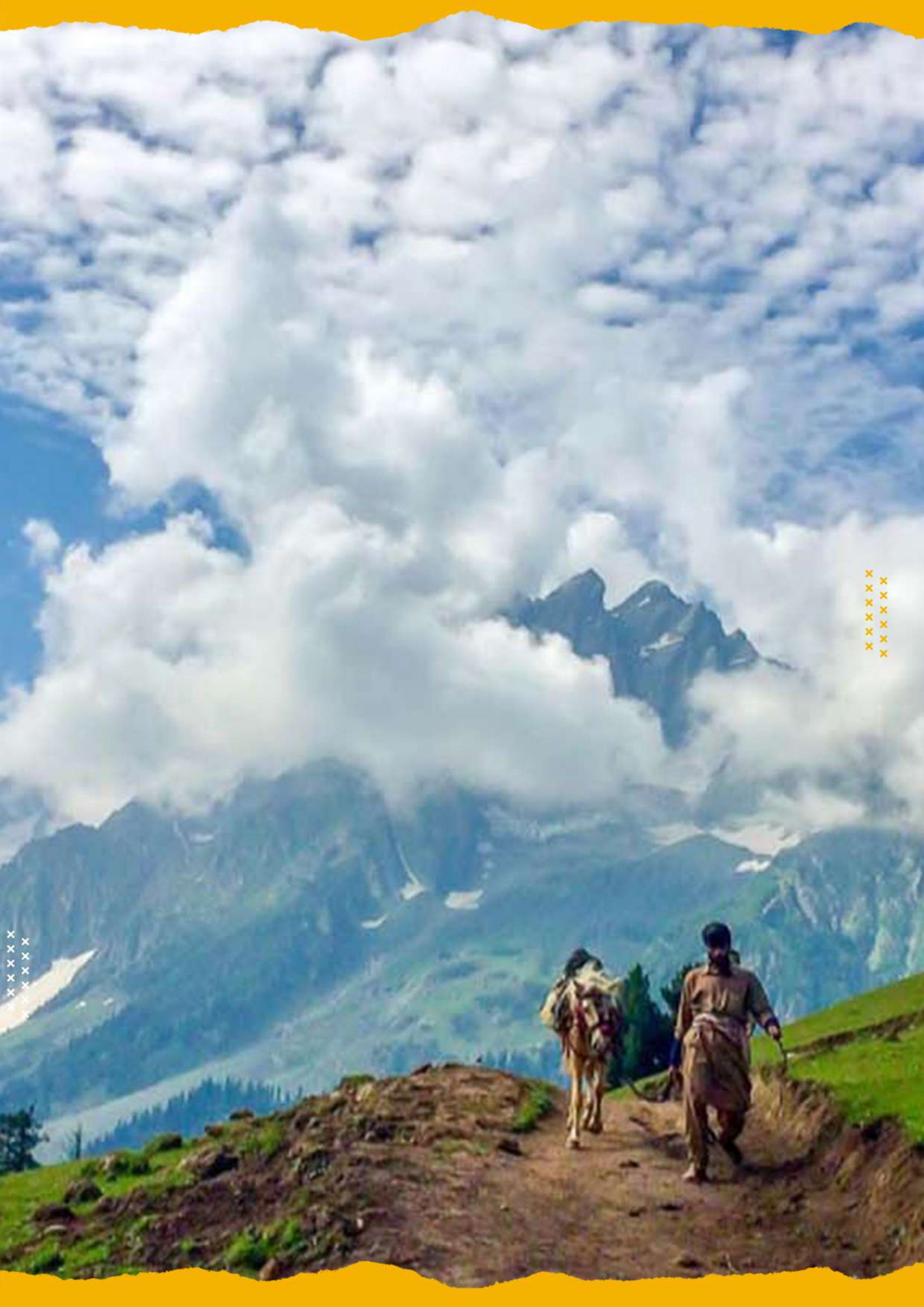
Drive from Srinagar to Sitkari/Sonmarg (2800m, 87kms).

You are expected to assemble at the Sitkari village(3km from Sonmarg) by 6 pm. To reach Sitkari, take a shared taxi from the Srinagar Tourist Reception Center at the latest by 2 pm.

The Himalayan daredevils can also arrange for taxis on request and trekker expense to pick you from the Srinagar TRC and drop you at Sitkari. Please let us know during registration if you would like to opt for the pick-up service. It is a scenic drive from Srinagar to Sitkari and has a wonderful mix of grasslands, scattered forests and snow covered mountains.

Overnight stay in tents.

Meals: (Tea& Snacks, Dinner).



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ITINERARY

DAY 2

Trek from Sitkari village to Nichnai (3505m, 13kms)

Begin early morning and start ascending towards the Shokdhari campsite on a Maple and Pine tree lined route. Enjoy beautiful views of Sonmarg and the glaciers en route and from the campsite.

Descend into the Nichnai grazing ground (Shepherd's valley) through a Silver Birch forest.

Overnight stay in tents.

Meals-Breakfast, Lunch, Tea& Snacks, Dinner.



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ITINERARY

DAY 3

Trek from Nichnai to the Vishansar lake(3657m,15kms)

Today's trek will comprise of a steep and grueling ascent to cross the Nichnai pass standing tall at 4080m and a descent towards the Vishansar & Kishansar lakes and into the Vishansar campsite.

Visit the Vishansar lake situated 1km from the campsite. Nothing that we say or write can prepare you for the beauty of the alpine high altitude lake. Surrounded by mountains and being hard to access, the waters of the lake are crystal clear and change color as the day

proceeds. You are guaranteed to start feeling rejuvenated just sitting by the lake and listening to the lapping sounds of the water and soaking in the scenic beauty.

Overnight stay in tents.

Meals-Breakfast, Lunch, Tea& Snacks, Dinner.

ITINERARY

DAY 4

Trek from Vishansar lake to Gadsar lake(4191m,13kms)

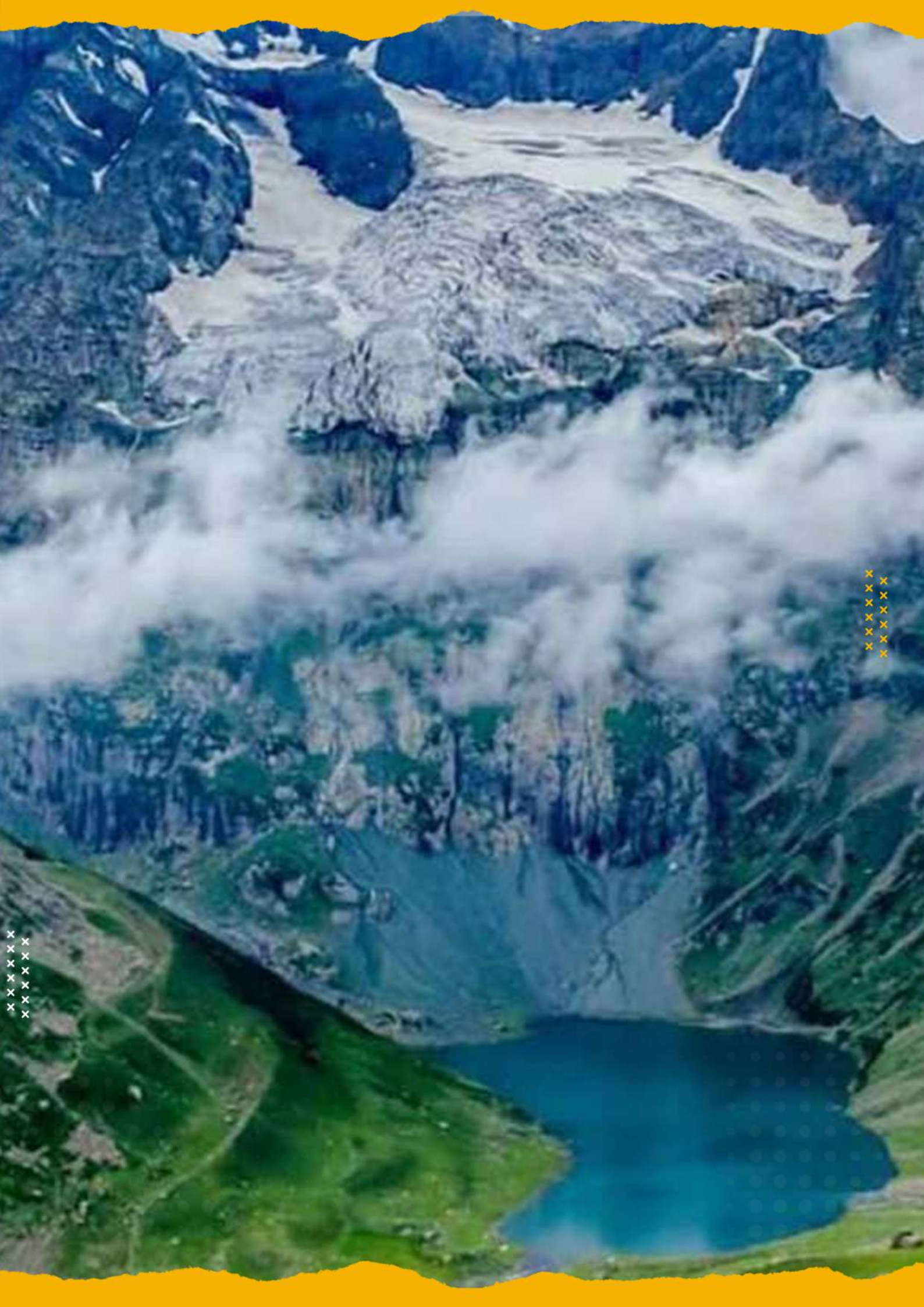
Trek up 250m to the Krishansar lake which is about 1/2km from the Vishansar lake.

Despite being close in distance, the twin lakes can be seen together only from the top at Gadsar pass.

Getting to the Gadsar pass at 4191m is no easy task and is going to take a toll on your legs and back. However, the scintillating views at the top of the pass more than compensate for it. From the pass, descent into flat meadows covered with brightly colored wildflowers to reach the Gadsar Lake.

Overnight stay in tents.

Meals-Breakfast, Lunch, Tea&Snacks, Dinner.



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ITINERARY

DAY 5

Trek from Gadsar lake to Mengandob/Satsar lake(3600m, 12km)

Today, you begin with a two-hour steep climb up the mountains to enter into flatlands known as Mengandob.

Trek ahead, crossing an army camp, to the Satsar lakes. The Satsar lakes are a collection of 7 lakes in a cascade formation. Fed by melting snow, a couple of these lakes dry up in summer and autumn.

Overnight stay in tents.

Meals-Breakfast, Lunch, Tea& Snacks, Dinner

ITINERARY

DAY 6

Trek from Satsar lakes to Gangbal twin lakes (3505m, 10kms)

You will be physically and mentally challenged today as you cross rocky and boulder ridden terrain, cross few ridges and Climb Mountains to arrive for a break on a ridge at 3570m. After a quick break, keep going up to reach the final ridge at 3000m. From here, you can view the twin lakes of Gangbal and Nundkol.

What follows is a steep rocky descent, few ups and downs, and entry into green meadows which lead to the Nundkol lake and Gangbal lake.

Overnight stay in tents.

Meals -Breakfast, Lunch, Tea& Snacks, Dinner.



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DAY 7

Trek from Gangabal 11,500 ft to Naranag 7,450 ft and drive back to Srinagar (11km, 6hr)

Embark on a captivating descent today! The trek begins at Gangabal Lake, a dazzling sight at 11,500 ft. Brace yourself for a challenging yet rewarding climb that leads you over Trunkhol Pass, reaching a staggering 12,000 ft and offering breathtaking panoramas of the Himalayas. As you descend, the landscape transforms into vibrant meadows, a welcome change of pace. After roughly 6 hours, you'll arrive in the charming village of Naranag (7,450 ft), where you can celebrate your accomplishment and soak in the local atmosphere. Finally, a scenic drive takes you back to Srinagar, allowing you to unwind and reflect on the day's contrasting landscapes and incredible journey.

INCLUSIONS

- 1. Accommodation – Stay at a guest house/ homestay/ swiss tents/ dome tents during the trek as per the sharing pattern/occupancy opted.**
- 2. Meals – All meals from your arrival to departure from the base camp are included (Morning Tea, Breakfast, Lunch, Hi-Tea with Snacks, and Dinner). We provide simple, nutritious yet tasty vegetarian meals on all days of the trek.**
- 3. Permit/Charges – Cost of all trekking permits, forest & camping charges are included. Charges of the porters, helpers, mules, trekking leaders, and guides are included.**
- 4. Trekking equipment – High-quality tents, sleeping bags, ice axes, ropes, microspikes, gaiters, etc. as required are provided.**
- 5. Safety equipment – First aid medical kits, oxygen cylinders, etc. will be available at all campsites to deal with emergencies.**

6. Porters, Mules, and helpers shall accompany us during the trek to carry the common load such as gas cylinders, tents, sleeping bags, toilet tents, etc.

EXCLUSIONS

- 1. Anything not specified in the Inclusions section**
- 2. Additional Meals unless specified**
- 3. Transport unless specified**
- 4. Air Fare / Train/ Bus Tickets**
- 5. Travel Insurance**
- 6. Additional expenditure and Extra Services if taken**
- 7. Any expense incurred or loss caused by reasons beyond our control such as bad weather, natural calamities(landslides, floods), flight delays /rescheduling/cancellations, any accidents/ medical evacuations, riots/strikes/war/pandemic, etc.**
- 8. GST(Goods & Service Tax) at the rate of 5%.**

FITNESS/ DIFFICULTY

A high altitude trek in the Himalayas requires substantial fitness. Your body needs to train itself to tolerate more work with lower levels of oxygen. Therefore, on treks, cardiovascular training is essential.

As a measure of your fitness, we require you to be able to run at least 5 km in 40 minutes by the time your trek starts. If you are 45 years or above, try to cover 5 km in 50 minutes. This is a minimum requirement.

If you prefer cycling over running, then try to cover 20 km in 60 minutes.

Unable to perform the same can make your trek difficult. Trekkers who have not adequately prepared might be asked not to continue the trek at any point.

The team of Himalayan Daredevils has the right to reject trekkers who do not meet our eligibility requirements at the base camp

Cancellation Policy

Life is unpredictable and we understand that sometimes you have to cancel or change your trip dates and it is our endeavor to make it as easy as possible for you. However, please understand that we plan everything including guide fees, permits, accommodation and ration in advance. Therefore, any cancellation means inconvenience and certain losses to the people involved in various stages of the programme. Keeping that in mind, our cancellation charges are as below –

Cancellations prior to 30 days from the start of the event: **Get a monetary refund with 15% of cancellation charges.**

Cancellations between 30 days and 15 days to the start of the event: 50 % refund as cash.

Cancellations less than 15 days to the start of the event: No refund.

Cancellations will be accepted only by email.

Note: The Himalayan Daredevils reserves the right to cancel a programme before departure in the event of logistical problems arising due to natural calamities, strikes, wars or any other circumstances that make the event inadvisable. In this case, we will refund 50% of the event fees.

Itinerary Changes & Trip delays:

We plan itineraries based on the information available at the time of planning and in rare circumstances, they are subject to change. In the event that the itinerary is changed or delayed due to unforeseen circumstances such as bad weather, transportation delays, government intervention, landslides etc., we will always aim to give you the best experience possible. However, The Himalayan Daredevils not be held responsible for the cost of delay or changes.

CONTACT US



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